

CITY OF FOUNTAINS  
HEART OF THE NATION



KANSAS CITY  
MISSOURI

# ACTIVE LIVING KC

Development Code Review

# Active Living KC

- Active Living KC is an initiative of the City of Kansas City, Missouri that encourages healthy lifestyles by putting regular physical activity back into our daily routines and encouraging healthy eating.

Funded in part by the Health Care Foundation of Greater Kansas City



# Active Living KC

- **Goals and Activities**
  - **Promote Walking and Biking**
    - Safe Routes to School
    - Walk and Bike Club
    - Safety Street
    - Neighborhood Workshops
  - **Encourage Good Nutrition**
    - Nutrition education for children
    - School District Wellness Policy
  - **Review Existing Policies**
    - City development code
    - Other city policies that impact children walking and biking



# KCMO Development Code Review



# Development Code Review

- Determined what is “healthy development”
- Developed assessment areas for consultant
- Challenging due to the overlap in topics
- Had many commonalities with “green” review of development code, so able to fold into one



Photo courtesy of [www.pedbikeimages.org](http://www.pedbikeimages.org) / Dan Burden

# Review Categories

- Walkability
  - Sidewalks
  - Protection from the elements
  - Street Crossings
  - Directness
  - Bike/ped infrastructure
  - Traffic calming
  - Connectivity



# Review Categories

- Crime and Safety
  - ▣ Crime Prevention through Environmental Design (CPTED)
  - ▣ Social Cohesion
  - ▣ Alcohol Availability
  
- Schools



# Review Categories

- Neighborhood/Area Scale Considerations
  - Mixed-Use
  - Increased density
  - Public space- green space
  - Support of transit
  - Housing for all
  - Parking
  - Aesthetics/ Building form



# Review Categories

- Food Access
- Miscellaneous
  - ▣ Complete streets concepts
  - ▣ Incentives vs. requirements
  - ▣ Disability

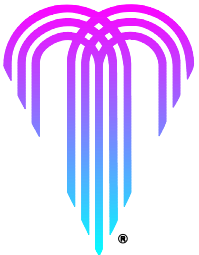


# Helpful Resources

- The Robert Wood Johnson Foundation
  - ▣ Active Living by Design <http://www.activelivingbydesign.org/>
  - ▣ Active Living Research searchable database <http://www.activelivingresearch.org/resourcesearch/search>
  - ▣ Healthy Kids, Healthy Communities <http://www.healthykidshealthycommunities.org/>
- Dan Burden's Healthy Development Checklist <http://www.walkable.org/resources.html>
- Spartanburg Area Active Living Assessment [http://www.upstateforever.org/ufs\\_assess.html](http://www.upstateforever.org/ufs_assess.html)
- Zoning for a Healthier Baltimore (Health Impact Assessment) <http://www.rewritebaltimore.org/home.html>
- Rocky Mountain Land Use Institute Sustainable Community Development Code Information <http://law.du.edu/index.php/rmlui/rmlui-practice/code-framework>

# Questions?

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