### REQUEST FOR QUALIFICATIONS

# MID- AMERICA HEAD START EARLY CHILDHOOD

Mental Health Consultant Services

## Mid-America Regional Council April 8, 2024



#### Key Information:

Request for qualifications issued publicly April 8, 2024

Deadline for questions / additional information April 19, 2024

Final responses to questions released April 29, 2024

Closing date for proposals May 3, 2024 by 5pm CST

Selected agencies/individuals notified May 8, 2024

Contract negotiations May 8-May 15, 2024

Contracts finalized May 20, 2024

Anticipated contract start date June 1, 2024

#### **REQUEST FOR QUALIFICATIONS**

#### **BACKGROUND**

The Mid-America Regional Council (MARC) is a nonprofit association of city and county governments and the metropolitan planning organization for the Kansas City region. MARC promotes regional cooperation and develops innovative solutions while providing a forum for the region to work together to advance social, economic, and environmental progress.

The Mid-America Regional Council (MARC) is a nonprofit association of city and county governments and the metropolitan planning organization for the Kansas City region. MARC promotes regional cooperation and develops innovative solutions while providing a forum for the region to work together to advance social, economic, and environmental progress.

Capitalizing on well-established community connections, MARC serves as the grantee for Head Start and Early Head Start programs in metropolitan Kansas City in Clay, Platte and Jackson Counties. These programs provide comprehensive, high quality, birth through five early education services that facilitate healthy development, including physical and social/emotional development, and prepare children for school success. Head Start and Early Head Start programs will serve approximately 2300 children and their families through contracted direct service providers including 8 local school districts and 9 community based early childhood agencies throughout Clay, Platte and Jackson Counties in Missouri. Services will be provided in center-based and home visiting programs for children from birth to five years and pregnant women. See attachment A for listing of all sites.

MARC employs a team of qualified early childhood professionals, each with specific areas of expertise, who support delegate and partnership agencies in the implementation of direct services to children and families. Accountability is maintained through strong contractual agreements, clearly defined procedures and structured systems. As the Federal Head Start grantee MARC is responsible for providing mental health consultants who assist:

- The program to implement strategies to identify and support children with mental health and social emotional concerns;
- Teachers to improve classroom management and teaching practices through strategies that
  include using classroom observations, coaching and consultations to address teacher and
  individual child needs and creating physical and cultural environments that promote
  positive mental health and social and emotional functioning;
- Other staff, including home visitors, to meet children's mental health and social and emotional needs through strategies that include observations and consultation;

- Staff to address prevalent child mental health concerns, including internalizing problems such as children who are withdrawn or children with challenging behaviors;
- In helping both parents and staff to understand mental health and access mental health interventions if needed;

Although most children enrolled in MARC's Head Start and Early Head Start programs are Medicaid eligible, often the mental health services needed are not considered eligible for reimbursement through Medicaid. This contract covers only services costs not eligible for Medicaid reimbursement.

MARC is seeking qualified individuals or agencies to provide mental health services for children and pregnant women as outlined in the scope of work below. MARC will accept applications to provide services for all locations and to serve selected locations and programs.

Responses will be accepted from individual(s) or agencies with the following credentials and experience: Licensed Clinical Social Worker or Licensed Professional Counselor, experience working with children under five years. Previous experience with Head Start and certification to bill Medicaid is preferred. Bilingual candidates are encouraged to apply.

#### **Scope of Work**

The following represents the scope of work to be completed during the contracted time. Services can be offered virtually and in person.

Individual and Family Therapy

- Conduct observations and assessments of developmental, behavioral and/or socialemotional needs of individual children and families as referred.
- Provide therapeutic services on a schedule of sufficient frequency to provide effective intervention for identified concerns.
- Meet with families at home, school or in the community to consult on child and family needs and create or follow-up on plans to support these needs.
- Solicit parental information, observations, and concerns about their child's mental health.
- Share staff observations of child with parent and discuss and anticipate with parents their child's behavior and development, including separation and attachment issues.
- Discuss and identify with parents appropriate responses to their child's behaviors.
- Discuss how to strengthen nurturing, supportive environments and relationships in the home and at the program.
- Help parents to better understand mental health issues and support their participation

- in any needed mental health interventions.
- Provide guidance and model developmentally appropriate activities for children and effective ways to work with and support young children.
- Provide child and family referral and follow-up to community services.
- Consult with child psychiatrist or other professionals as needed to support children and families referred for services.

#### **Classroom and Program Support**

- Provide individual coaching to classroom teachers on responding to challenging behaviors.
- Visit classroom of referred child for observation and assessment.
- Assist in providing special help for children with atypical behavior or development through consultation with program staff and parents.
- Meet with classroom teams to review classroom and child observations and develop and implement plans as needed for referred children.
- Promote children's mental wellness by providing staff and parent education on mental health issues.
- Promote staff mental wellness by providing staff with trainings to support self-care,
   strategies to address stressful situations and workplace burnout.

#### **Individualized Child and Family-Centered Observations and Consultations**

- Promote children's mental wellness by providing staff and parent education on mental health issues.
- Share observations, assessments and plans developed with families with the classroom team to ensure continuity for the child.

#### **Funding Timeframes:**

- The terms of this contract will be divided into two contract periods.
- The first contract will extend from June 1, 2024 through October 31, 2024. The second contract period will extend from November 1, 2024 through October 31, 2025.
- Thereafter, MARC may extend the term of the contract for up to one additional period.
   This extension is contingent upon successful performance and services provided, and upon availability of funds.
- All awards are provisional pending approval of the MARC's federal grant application by The Administration for Children and Families.
- Should a respondent's contract be terminated or relinquished for any reason, MARC

reserves the right to return to the pool of respondents generated from this RFQ to select another qualified respondent.

• The need for services may be higher at the start of the school year (fall) and may lessen as the year progresses however it is not possible to predict how many children will require services or the dates those services will be needed and therefore we cannot guarantee a particular amount of service / reimbursement per month. MARC will only reimburse provider for those services that are <u>not</u> billable to Medicaid.

Selected candidate / agency should be aware that this is a federally funded project and as such the contract will be subject to all terms and conditions applicable to federal grants. Selected candidate must also provide documentation of a clear criminal background check and TB screening. Proof of professional license and liability insurance will also be required.

#### **RESPONSE REQUIREMENTS**

Responses to this Request for Qualifications should be directed to Kasey Lawson at the address below NO LATER THAN 5 p.m. CST on Friday, May 3, 2024.

Kasey Lawson Head Start Director Mid-America Regional Council 600 Broadway, Suite 200 Kansas City, MO 64105-1659 Email: klawson@marc.org

Please provide your response in electronic format (PDF) via e-mail. The following items should be addressed in your response.

- Name
- Address
- Phone number
- Email address
- Resume: provide current resume with education, certifications and work experience.
- Background: Provide additional information on background, including experience, education and skills necessary to perform the required work. Indicate specific credentials that make the individual well suited to meet MARC's requirements.
- References: provide three references of clients or employers where similar knowledge and expectations were required.
- Proposed hourly fees

#### **QUESTIONS**

Questions must be submitted in writing to Kasey Lawson at <a href="klawson@marc.org">klawson@marc.org</a> by 5pm CST on April 19, 2024. Answers to all questions will be posted on the MARC website at

http://www.marc.org/Requests-for-Proposals by close of business on April 29, 2024.

#### **ENGAGEMENT**

This Request for Qualifications does not commit MARC to award a contract or pay costs incurred in the preparation of a proposal in response to this request. MARC reserves the right to accept or reject any or all responses received as a result of this request if it is considered in the best interest of MARC. MARC may require the proposer selected to participate in negotiations, and to submit to such price, technical or other information may be needed to finalize a particular engagement for services.

#### AFFIRMATIVE ACTION POLICY/DRUG-FREE WORKPLACE

MARC hereby notifies all respondents that it will affirmatively ensure that minority and women- owned business enterprises will be afforded full opportunity to submit proposals in response to this request and will not be discriminated against on the grounds of race, color, national origin, sex, disability, veteran status in consideration of the contract award. It is an objective of MARC to use minority and women-owned businesses to the maximum extent feasible in carrying out its activities. Please indicate in your response if your firm is a minority or women owned business and provide your current certification(s). Consultant must agree to comply with the requirements of the Drug-Free Workplace Act of 1988, P.L. 100-690, and Sections 5151 through 5160

**CONTACT FOR FURTHER INFORMATION:** Kasey Lawson, <u>klawson@marc.org</u>.

**Attachment A** 

<u>Tier</u>	<u>Name</u>	Address	<u>City</u>	<b>State</b>	<u>Zip</u>
<u>3</u>	Hanthorn Early	<u>1511 Kings</u>	<u>Independence</u>	<u>MO</u>	<u>64055</u>
	<u>Education</u>	<u>Hwy.</u>			
<u>3</u>	Korte Elementary	2437 S. Hardy	<u>Independence</u>	<u>MO</u>	<u>64052</u>
<u>3</u>	Mill Creek	<u>2601 N.</u>	<u>Independence</u>	MO	<u>64050</u>
	<u>Elementary</u>	<u>Liberty</u>	_		
<u>3</u>	Sunshine Center	<u>18400 E.</u>	<u>Independence</u>	MO	<u>64056</u>
		Salisbury Rd.			
<u>3</u>	William Southern	<u>4300 Phelps</u>	<u>Independence</u>	<u>MO</u>	<u>64055</u>
	<u>Elementary</u>	<u>Rd.</u>			
<u>3</u>	Richardson	3515 Park Ave.	Kansas City	<u>MO</u>	<u>64109</u>
_	Elementary	<u>E</u>			
<u>3</u>	Woodland Early	711 Woodland	Kansas City	<u>MO</u>	<u>64106</u>
	Learning	Ave.	77 61	1.00	51100
<u>3</u>	<u>Operation</u>	3039 Troost	Kansas City	<u>MO</u>	<u>64109</u>
	<u>Breakthrough</u>	Ave.	T7 C1:	1.60	64106
<u>3</u>	Columbus Park	1100 East 4th	Kansas City	<u>MO</u>	<u>64106</u>
<u>3</u>	YMCA	<u>St.</u>	T. C'	140	64110
	Northland YMCA	3100 NE 83rd	Kansas City	<u>MO</u>	<u>64119</u>
<u>3</u>	Doub IIII VMCA	St. #1501b	Vanaga City	MO	64150
	Park Hill YMCA	8100 N. Congress Ave.	Kansas City	<u>MO</u>	<u>64152</u>
<u>3</u>	Thomas Roque	3800 E. 51st	Kansas City	MO	64130
	YMCA	St.	Kansas City	WIO	<u>04130</u>
<u>3</u>	Operation	3737 Troost	Kansas City	MO	64109
<u> </u>	Breakthrough at De	Ave.	<u>ransas City</u>	1110	01102
	La Salle				
<u>2</u>	Ability KC	3101 Main St.	Kansas City	MO	64111
2	Yellowjacket/Center	8817 Wornall	Kansas City	MO	64114
	School District	Rd.			
2	The Family	444 Minnesota	Kansas City	<u>KS</u>	<u>66101</u>
	Conservancy	Ave Suite 200	·		
<u>2</u>	EarlyStart St. Mark	2008 East 12th	Kansas City	MO	<u>64127</u>
		<u>St.</u>			
<u>1</u>	Cub Care/Blue	3575 SW	Blue Springs	<u>MO</u>	<u>64111</u>
	Springs School	<u>Liggett Road</u>			
	<u>District</u>				
<u>1</u>	Emmanuel Family &	4736 Prospect	Kansas City	<u>MO</u>	<u>64130</u>
	Child Development	<u>Avenue</u>			
<u>1</u>	Excelsior Springs	<u>500 N. Jesse</u>	<u>Excelsior</u>	<u>MO</u>	<u>64024</u>
	School District	James Road	<u>Springs</u>	1.70	5.10.20
<u>1</u>	<u>High</u>	<u>2500 High</u>	<u>Grandview</u>	<u>MO</u>	<u>64030</u>

	Grove/Grandview School District	Grove Rd.			
1	Guadalupe Centers	3201 Southwest Trafficway	Kansas City	MO	<u>64111</u>
1	Learn A Lot ELC- Sterling	4010 Sterling Ave	Kansas City	<u>MO</u>	<u>64133</u>
1	Great Beginnings at Paradise Park/Lee's Summit School District	1421 NE Independence Ave.	Lee's Summit	MO	<u>64086</u>
1	Three Trails/Raytown School District	812 Gregory Blvd	<u>Raytown</u>	MO	<u>64133</u>