COVID-19 TESTING IS SAFE AND SECURE

**Why should I get tested for COVID-19?**
You need to get tested if you have symptoms or have recently been near someone who has the virus.

Testing is the only way to know for sure who has the virus and who doesn’t. If you have the virus and don’t know it, you might be spreading it to family members and across your community.

**Who will know if I test positive?**
Only your health care provider and local or state public health department will have information about you and your test results. They will NOT share your name or contact information with any other agencies.

If you test positive, health officials will ask who you have been in close contact with recently. That only includes people you’ve been face-to-face with for more than 10 minutes. They need to contact those people to let them know they need to be tested, but will NOT give anyone your name.

**If I test positive will I have to go to the hospital?**
Probably not. Most people who have COVID recover at home by treating it just like you would a bad cold or flu, with rest, plenty of liquids and over-the-counter medicines.

**Will I have to miss work even if I don’t feel sick?**
If you test positive, you will have to follow the isolation rules and stay home from work or school, even if you don’t have symptoms. It’s the only way to stop the spread of the virus. Continuing to leave your home when you are contagious puts others at risk of sickness or even death.

If missing a paycheck will cause a financial hardship for you and your family, call United Way 2-1-1 to find out where you can get help with food, utility bills or housing costs. Your local public health department may also be able to connect you with organizations that can help.

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To test for COVID, a health care worker will use a swab to collect mucus or saliva from your nose or throat. It only takes a few seconds.

To find out where you can get tested, contact a health care provider or your local public health department, or go to www.ComebackKC.com.

After your test, stay home and stay away from others while you wait for results.

If your test is positive, health officials will explain how long you need to stay in isolation to avoid spreading the virus — usually 10 to 14 days.

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**Protect yourself, your family and your community.**

- **GET TESTED**
- **WEAR A MASK**
- **STAY APART**

Find more information online at [ComebackKC.com](http://ComebackKC.com) or [PrepareMetroKC.org](http://PrepareMetroKC.org) or contact your local public health department.