In accordance with MARC Policy 9000 all direct service providers must develop documented policies which must include, but are not limited to the following three areas:

1. **Acceptable Practices** within the agency which address at a minimum:
   - The prohibition of the following behaviors in all settings by all staff:
     i. The use of corporal punishment meaning any of the following actions inflicted directly on the body including, but not limited to:
        1. Hitting
        2. Spanking (refers to striking a child with an open hand on the buttocks or extremities with the intention of modifying behavior without causing physical injury)
        3. Shaking
        4. Slapping
        5. Twisting
        6. Pulling
        7. Squeezing
        8. Biting
     ii. Demanding excessive physical exercise, excessive rest, or strenuous or bizarre postures
     iii. Compelling a child to eat or have in his/her mouth soap, food, spices, or foreign substances
     iv. Exposing a child to extremes of temperature
     v. Use of physical restraint without parental permission, an individualized plan and staff training
     vi. Or any punishment deemed questionable by grantee staff
   - Isolating a child in an adjacent room, hallway, closet, darkened area, play area, or any other area where a child cannot be seen or supervised
   - Binding or tying to restrict movement, such as in a car seat (except when travelling) or taping the mouth
   - Using or withholding food as a punishment or reward
Toilet learning/training methods that punish, demean, or humiliate a child
Any form of emotional abuse, including rejecting, terrorizing, extended ignoring, isolating, or corrupting a child
Any abuse or maltreatment of a child, either as an incident of discipline or otherwise. Any child care program must not tolerate, or in any manner condone, an act of abuse or neglect of a child by an older child, employee, volunteer, or any person employed by the facility or child’s family
Abusive, profane, or sarcastic language or verbal abuse, threats, or derogatory remarks about the child or child’s family
Any form of public or private humiliation, including threats of physical punishment
Physical activity/outdoor time should not be taken away as punishment
Or any practice deemed questionable by grantee staff

2. **Appropriate Supervision** which addresses at a minimum:
   - Redundant procedures must be developed to ensure that no child is left alone
   - These procedures must include, but are not limited to:
     i. Designating a second staff person to check classroom, outdoor play areas, sleeping areas, and vehicles during transitions and prior to departure
     ii. Name-to-face roll call during transition periods
     iii. One teaching staff member at the front of the line/group of children and one at the back to ensure no child leaves the group during transitions

3. **Staff Monitoring** which addresses at a minimum:
   - Personnel policies and procedures must include provisions for appropriate penalties for violating the policies and procedures including at a minimum:
     i. Corrective actions
     ii. Grounds for immediate dismissal
     iii. Conditions requiring investigation by the MO Department of Health and Senior Services
     iv. Conditions requiring investigation by the MO Department of Social Services