Welcome! The program will start promptly at 9 a.m.
Welcome and Conference Announcements

Linda Redford, Ph.D.
University of Kansas Medical Center
Age Positive 2020 Planning Committee Member

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Resources to Help Navigate Through the Pandemic

Panel discussion with:
• Tom Esselman, executive director, PCs for People Kansas City
• James Stowe, Ph.D., director, Department of Aging and Adult Services, Mid-America Regional Council
• Moderator: Linda Redford, Ph.D., director, LinkforCare.org, Landon Center on Aging; research associate professor, Department of Family Medicine; University of Kansas Medical Center

Tweet about this event at #AgePositiveKC
DIGITAL INCLUSION:
HOW THE PANDEMIC IS CLOSING THE DIGITAL DIVIDE FOR SENIORS
As Life Moves Online, an Older Generation Faces a Digital Divide

Uncomfortable with tech, many are struggling to use modern tools to keep up with friends and family in the pandemic.
Digital in the Time of the Coronavirus: Data Science and Technology as a Force for Inclusion

July 28, 2020

Crises do not create inequity and fault lines in society, they expose them. The systems and structures that give rise to inequality and inequity are deep-rooted and powerful. In recent months, we have seen the coronavirus bring into high relief many social and economic
...many governments around the world are encouraging “social distancing” as a way to prevent the spread of the virus. The UK National Health Service (NHS) warns that older people are especially vulnerable to loneliness and social isolation – which can have a serious effect on health.
So how can you help elderly family members embrace technology to combat loneliness, and keep in touch with their families and friends during this difficult period and beyond?
AFFORDABLE DEVICES
DIGITAL SKILLS TRAINING
PRESS COVERAGE

*News12: “Non-profit Program Helps Seniors Learn Technology Skills”*

Senior Planet member Virginia Hamlin and OATS Executive Director Tom Kamber spoke to News12 in this feature for National Senior Citizens Day.
Senior Planet – www.seniorplanet.org

Coronavirus Resource Guide

Have a tech question? Call the Senior Planet Hotline at 920-666-1959. Or, take this survey to tell us directly how we can help you.

Tech Basics

Learn how to get online at home and stay connected to the Senior Planet community!
Age UK offers advice about making the most of using technology and the Internet, with information that you can use to help your elderly family members get online, use Skype, social media, and watch TV online, among other things.
They also have a Digital Buddy scheme which gives advice on how you can inspire older people in their community to make the most of technology.
VIDEO CHATS
Seniors who use video chat less likely to report symptoms of depression
Tom Esselman

tesselman@pcsforpeople.org

www.pcsforpeople.org

816-293-9966
Referral Depth and Appropriate Organizations
“What’s a care management?”

Most common call — meals

Most common need — complex
Hallmarks of Complexity

• Multiple social or medical complexities.
• No professional involved.
• Gestalt.
• Face-to-face or video-to-video.
• Options and choices, not patronizing.
Appropriate Referral Organizations

• Non-complex, distinct needs.
  • Resource databases; single service-line organizations.

• Complex, diverse needs.
  • Care management equipped; wraparound services; face-to-face assessment.
Contact

James Stowe
jstowe@marc.org
LOCAL RESOURCE AND REFERRAL OPTIONS

Linda J. Redford, Ph.D., R.N.
Director, Link for Care
University of Kansas Medical Center
HOW TO FIND RESOURCES

Population Specific
- All ages
- Older adults
- Children
- Disadvantaged populations

Issue Oriented
- COVID
- Housing
- Health Care
- Mental Health
- Addiction Services
- Transportation
Service coverage area - city, county, zip code, state

Comprehensiveness - cover a majority of the services in a given category

How often is the information updated?

How are listings compiled and displayed?

Search capabilities
  - Numbers of search categories available (how easily can you narrow your search)
  - Accuracy

Do they require disclosure of your identity?
COVID-19 HELPFUL RESOURCES

PrepareMetroKC.org

COVID-19 Information

Prevent the spread
Get and Give Help
Public Health Resources

Latest COVID-19 News and Updates

News Releases
The region's public health officials issue press releases related to COVID-19 response and recovery. Stay updated on the latest news and messages.

- Regional public health directors and hospitals urge use of face masks
- "It's not over" Public health directors advise residents to know health risks and continue taking precautions

Weekly Data Snapshot
Download the current [Weekly Data Snapshot](#) for the latest information on COVID-19 in our region.

Previous Weekly Data Snapshots:
- Week ending Aug. 29
- Week ending Aug. 22
- Week ending Aug. 15

Community resources for Older Adults

Middle-aged and older adults are known to be the most socially-isolated demographic. COVID-19 has further increased this isolation and limited access to resources for these individuals. If you or anyone you know fall in this category, we have compiled a detailed list of resources that are available to you at this time.

*In mitigating COVID-19 it is imperative for all individuals to continue to practice physical distancing, maintaining limited exposure, and to wear masks and gloves in public settings.*

Resources

- **MARC Aging and Adult Resources**
  Mid-America Regional Council's (MARC) Department of Aging and Adult Services includes the Area Agency on Aging for Cass, Clay, Jackson, Platte and Ray counties. Services include home-delivered meals, transportation, disease prevention and health education, community care management, medication reconciliation, and group workshops focused on managing chronic conditions.

- **Link for Care**
  Provides a comprehensive service directory and information resource for the Kansas City area and surrounding counties.
  Individuals can quickly find services that meet their needs and preferences or those of their loved ones. Likewise, service providers can easily connect their clients or patients with needed and desired services.
  If your organization is not listed, please contact Linda Redford at lredford@marc.org.

- **Johnson County Area Agency on Aging (AAA)**
  AAA provides health and nutrition guidance, caregiver support, legal services, insurance counseling, etc. For more information and services, please visit [Johnson County AAA](#).
COVID-19 HELPFUL RESOURCES

PrepareMetroKC YouTube Channel – https://tinyurl.com/PMKC-YouTube
As the Greater Kansas City business community adjusts day-to-day operations in response to COVID-19, we must balance the need to maintain our region’s economy with the protection of our community’s health. The Safe Return KC Guide provides a roadmap for organizations of all types across the region to use as we re-open our workplaces, while considering the public health needs of our workforce, stakeholders, customers and community.

How to use:

The Safe Return KC Guide should be used along with guidance from the following:
- State and local public health departments
- Each local jurisdiction’s recovery plan
- The Centers for Disease Control (CDC) recommendations
- Occupational Safety and Health Administration (OSHA) guidelines
- Equal Employment Opportunity
## COVID-19 HELPFUL RESOURCES

K-12 Reopening Plans – KC Region: [https://tinyurl.com/schl-reopen](https://tinyurl.com/schl-reopen)

<table>
<thead>
<tr>
<th>District</th>
<th>State</th>
<th>Anticipated Start of Classes</th>
<th>Mask Requirements/Masks Being Provided</th>
</tr>
</thead>
<tbody>
<tr>
<td>USD 202 (T unos)</td>
<td>Kansas</td>
<td>September 8</td>
<td>masks required; individuals must provide</td>
</tr>
<tr>
<td>USD 203 (Piper)</td>
<td>Kansas</td>
<td>September 8</td>
<td>masks required on buses and in buildings</td>
</tr>
<tr>
<td>USD 204 (Bonner Springs and Edgewater)</td>
<td>Kansas</td>
<td>September 9</td>
<td>Following WyCo Health Dept guidelines</td>
</tr>
<tr>
<td>USD 207 (Fort Leavenworth)</td>
<td>Kansas</td>
<td>September 8</td>
<td>masks required for staff and students</td>
</tr>
<tr>
<td>USD 229 (Blue Valley)</td>
<td>Kansas</td>
<td>starting elementary in hybrid, middle and high school or masks required when distancing isn’t possible</td>
<td></td>
</tr>
<tr>
<td>USD 230 (Spring Hill)</td>
<td>Kansas</td>
<td>preschool and elementary in-person, middle and high school</td>
<td>Required when social distancing not an option</td>
</tr>
<tr>
<td>USD 231 (Gardner Edgeron)</td>
<td>Kansas</td>
<td>September 9 (K-8) and September 10 (pre-k and 10-12)</td>
<td>masks required for staff and students</td>
</tr>
<tr>
<td>USD 232 (De Soto, Shawnee, Leawood, Olathe)</td>
<td>Kansas</td>
<td>Starting in hybrid learning: September 8</td>
<td>masks required in public spaces; face shields</td>
</tr>
<tr>
<td>USD 233 (Olathe)</td>
<td>Kansas</td>
<td>starting hybrid for elementary and remote for middle and high school</td>
<td>masks required in schools and on buses</td>
</tr>
<tr>
<td>USD 239 (Welshville)</td>
<td>Kansas</td>
<td>Hybrid first 9 weeks, August 27</td>
<td>masks highly recommended, will follow local guidelines</td>
</tr>
<tr>
<td>USD 302 (Prairie Village)</td>
<td>Kansas</td>
<td>August 19</td>
<td>masks required when distancing isn’t possible</td>
</tr>
<tr>
<td>USD 307 (Oskaloosa)</td>
<td>Kansas</td>
<td>August 20</td>
<td>masks required for staff and students and students</td>
</tr>
<tr>
<td>USD 387 (Pola)</td>
<td>Kansas</td>
<td>August 10</td>
<td>masks required for staff and students; daily</td>
</tr>
<tr>
<td>USD 410 (Louisburg)</td>
<td>Kansas</td>
<td>August 10</td>
<td>masks required for staff, students and students</td>
</tr>
<tr>
<td>USD 449 (Eason)</td>
<td>Kansas</td>
<td>September 8</td>
<td>masks required for staff and students; mask up</td>
</tr>
<tr>
<td>USD 453 (Leavenworth)</td>
<td>Kansas</td>
<td>August 24 - 60%, September 0 - 100%</td>
<td>masks required for staff and students</td>
</tr>
<tr>
<td>USD 450 (Basehor-Linwood)</td>
<td>Kansas</td>
<td>September 9</td>
<td>masks required in school</td>
</tr>
<tr>
<td>USD 454 (Olathe)</td>
<td>Kansas</td>
<td>September 3, 1-5 and 9 (half day)</td>
<td>September 4, 1-12 (full day); masks required in school and on buses</td>
</tr>
<tr>
<td>USD 459 (Lansing)</td>
<td>Kansas</td>
<td>September 9</td>
<td>masks required in school</td>
</tr>
<tr>
<td>USD 461 (Gladstone)</td>
<td>Kansas</td>
<td>September 24 - half days, September 8 - full days; masks required in school</td>
<td></td>
</tr>
</tbody>
</table>
COVID-19 HELPFUL RESOURCES

COVID-19 HELPFUL RESOURCES
COMMUNITY RESOURCES

My Resource Connection for Johnson County – [https://ims.jocogov.org/rc/](https://ims.jocogov.org/rc/)
COMMUNITY RESOURCES

Link for Care (KUMC) – www.linkforcare.org
Home health care generally includes skilled nursing, occupational and physical therapy, speech therapy, and other skilled health services. Medicare and/or Medicaid will cover most services provided by these agencies. They may also provide non-medical services to help older adults with activities of daily living, such as bathing, dressing and eating. Generally, the non-medical services are provided along with skilled health care services. When not associated with skilled care, they will typically require self-pay or Medicaid eligibility.
IN-HOME CARE
(NON-MEDICAL CARE)

These agencies provide assistance to persons who need help with activities of daily living and want to live in their home. Services may include meal preparation, help with personal care, assistance with light housekeeping, transportation and help with other activities necessary for living independently in the community. Employees of these agencies may be trained as aides or may have little formal training in caregiving.

May be funded under Medicaid if approved by the state.

Not usually licensed nor monitored by the state if not Medicaid funded.
QUESTIONS?

Look for an email with a link to a participant evaluation immediately following this session.

Tweet about this event at #AgePositiveKC
Break time!

The next session, “Reframing Aging During COVID-19” will begin promptly at 10:30 a.m.

REMINDER: The next session will use a different Zoom link. The link is included in your registration confirmation announcement, and in the Chat Box.

Tweet about this event at #AgePositiveKC