Application

(Please check all applicable boxes and provide requested documentation.)

City: Liberty
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Which level of recognition are you applying for?

☐ Bronze / Awareness
☐ Silver / Assessment
☐ Gold / Implementation

Bronze / Awareness

Required:

☐ Governing body has adopted a resolution indicating its intent to become a Community for All Ages. (Please include a copy of the resolution.)

☐ One or more presentations made to governing body and relevant commissions (planning commission, strategic planning committee, aging task force, etc.) on becoming age friendly and the Communities for All Ages program. (Please include a copy of minutes or other documentation about the meetings.)

A minimum of two of the following are required:

☐ Held at least one community meeting to discuss Communities for All Ages issues and present information. (Please include documentation.)

☐ Prepared written materials on the issue and distributed to the public. (Please include materials.)

☐ Established a speakers bureau to share information with neighborhood groups, businesses and civic groups. (Please include a list of each presentation made.)

☐ Put information on demographic changes and CFAA on website. (Please include the web address where this information is located.)

Silver / Assessment

Required:

☐ Met the requirements for the Bronze / Awareness level.

☐ Assembled a committee to conduct the Communities for All Ages assessment, or appointed an existing committee to oversee the assessment. (Please provide documentation.)

☐ The committee used the “Communities for All Ages Checklist” to assess the community and issued a report of its findings, including recommended actions. (Please provide a copy of the report. To assist in recording your progress, download a Checklist workbook at MARC.org/CAArecognition.)
Become a Community for All Ages
A checklist to help you become age friendly

Workbook version

Does your city or county need tools to help it become a Community for All Ages? This checklist is designed to be used together with Making Your Community Work for All Ages — A Toolkit for Cities as a way to raise awareness, plan actions and assess your city for age friendliness.

This Workbook is designed to assist committees assigned to document progress on their city’s age-friendly self-assessments using the Communities for All Ages Checklist. Enter progress information, notes, statistics, to-do lists, etc., in the green text boxes corresponding to each Policy and Action Item.

A final version of this Workbook may be used to support your application to the KC Communities for All Ages recognition program.

1 Public outdoor spaces and buildings

(See Making Your Community Work for All Ages — A Toolkit for Cities, Chapter 2)

Locate, design and construct public facilities to allow for connectivity with neighborhoods and other destinations, and enable maximum use and benefit by residents, visitors and employees of all ages.

Cities are responsible for the location, design and construction of parks, trails, community centers, city halls and other public facilities and spaces. Most communities have assessed these facilities to ensure compliance with the Americans with Disabilities Act (ADA), and some have taken steps to make improvements beyond the minimums established by ADA.

Physical limitations and mobility needs must be considered when designing and creating both outdoor spaces and buildings. Residents with physical limitations are more comfortable, safe and active when communities consider and address their needs in the design of public buildings and spaces. The following policies and actions provide guidance on maximizing physical accessibility to public spaces for all levels of ability and age.
Policy

1-A The city develops and implements age-friendly policies that consider the needs of persons of all ages in the siting, design and development of public spaces. Examples include: parks and other outdoor spaces, walkways, outdoor seating, streetscapes and buildings.

_X_ Existing policies. (Please cite and attach copies for documentation.)

Principle One of the City’s Comp Plan, Blueprint for Liberty prescribes creation of a “full service community for a diverse population.” Components described in the section include design using a human scale, a range of housing types and sizes, and consideration of the walking distance between homes and neighborhood facilities. (http://libertymissouri.gov/DocumentCenter/View/1220)

While included in the City’s comprehensive Plan, more can be done. With the Parks and Recreation Department’s effort to revise its Parks and Open Space Master Plan in 2016, this policy can be brought to life by including specific age-friendly detail in the plan’s revision.

From meeting: there are requirements, but it doesn’t specifically state being specific for older adults.

Question: is there a benchmark associated with these policies? This is a tool to begin the discussion of improvement.

Sidewalks should be explored. While benches are great, the sidewalks are more important than even benches. The sidewalks are unsafe throughout much of the community.

1-B The city plans and constructs bike and pedestrian facilities to maximize use and safety for all users. Examples include: width, surface material and expected use. The city may use the American Association of State Highway and Transportation Officials’ (AASHTO) Highway Safety Manual standards or other recognized standards for bicycle and pedestrian facility design.

Included in city plans. (Please cite and attach copies for documentation.)

Principle Three of the City’s Comp Plan, Blueprint for Liberty prescribes neighborhood design that “facilitates the community’s walking and bicycling environment.” As well, Principle Six suggest that “streets should be designed such that the motor vehicle, bicycle and pedestrian can all thrive in a safe, efficient, and integrated environment. (http://libertymissouri.gov/DocumentCenter/View/1220)

The Park Board recently adopted a set of trail design standards (March 2016) that is intended to meet or exceed widths, surface materials, and expected uses.

The City also has approved the “City of Liberty Technical Specifications and Design Criteria Manual for Public Improvement Projects” which adopts by reference many AASHTO and KC APWA standards. (http://mo-liberty3.civicplus.com/DocumentCenter/Home/View/1135)
Sidewalks are required with the development of any property. City Code (30-95) subsection 4.

More can be done. The City of Liberty is still not considered walkable. Major highways (I-35, M-291, and M-152) serve as major barriers for pedestrians. Few bicycle accommodations have been made despite recent parkway construction.

The Liberty Community Health Action Team (LCHAT) and the Clay County Public Health Center have been studying the health impacts of street system design and sidewalks on health. A report is due in early summer 2016 that is likely to recommend continuation that the City maintain its current preferred grid system for street design and requirement for sidewalks on both sides of the street in new neighborhoods. The LCHAT’s physical activity team has the potential to become an advocate for improved walkability and bikability into the future.

It was suggested the city adopt into their plan health impact assessments into the comp plan.

Sidewalks are required on both sides of the street. Trail requirements have been more detailed. It was suggested a liveable street plan be adopted as opposed to a complete street.

The new section of S. Liberty parkway will have sidewalks on one side and trial on the other side. However there is not a bicycle lane. It was suggested to include language that indicates not moving forward until all aspects can be completed.

1-C The city designs and builds its public buildings to meet the needs of residents of all ages. Examples include: easy-to-read signage and accessible elevators, ramps, railings and stairs, and non-slip floors.

___ Included in city plans. (Please cite and attach copies for documentation.)

Much of this is in practice. With the Parks and Recreation Department’s effort to revise its Parks and Open Space Master Plan in 2016, this policy can be brought to life by including specific age-friendly detail in the plan’s revision.

City Hall and other municipal buildings will be updated with ADA compliance as renovations occur.

Will begin to incorporate language in policies as the updates are made.

Universal design standards have been adopted for many cities across America. Cathy will send their guidelines to us.

1-D The city prioritizes safety in parks and neighborhoods. Examples include: providing good street lighting, trimmed trees and bushes and other appropriate safety measures.

___ Included in city plans. (Please cite and attach copies for documentation.)

While much of this is the current practice, perhaps documentation via policy for this can be addressed as the Parks and Natural Resources Division establishes Service Level Standards as a part of the
accreditation process.

City code 25-2 requires trimming trees in and along streets and sidewalks.
City code 25-4 requires the removal of ice and snow from sidewalks.
City Code 30-95 requires street lighting designed and installed with new development.

1-E The city involves residents of varying ages and abilities in planning for the siting and design of public outdoor spaces and buildings.

Included in city plans. (Please cite and attach copies for documentation.)

Public was invited and involved in the planning process in the parks trail plan and the 2015 parks renovation plans for Ruth Moore, City Park and Bennett Park. The public was invited and involved in the planning process for the Downtown Redevelopment project 2016.

A variety of ages are represented on all boards and commissions.

The City already incorporates public engagement in many of their planning meetings.

There is a leadership club at the high school.

Action

1-F The city provides seating areas in public outdoor spaces and outside public buildings in recognition that residents have different levels of mobility and stamina.

Completed. (Please provide documentation.)

Much of this is in practice. With the Parks and Recreation Department’s effort to revise its Parks and Open Space Master Plan in 2016, this policy can be brought to life by including specific age-friendly detail in the plan’s revision.

1-G Stairways on public property, including within park facilities, are designed and constructed to maximize safety. Examples include: railings and painted or taped stair tips to distinguish each step.

Completed. (Please provide documentation.)
With the Parks and Recreation Department's effort to revise its Parks and Open Space Master Plan in 2016, this policy can be brought to life by including specific age-friendly detail in the plan's revision.

1-H The city provides ample parking and drop-off areas near the entrances to public facilities that meets mobility and accessibility needs of all citizens. (ADA requirements are an expected minimum, the composition of the community and the expected use of a facility may dictate additional spaces to improve resident experience at public facilities.)

Completed. (Please provide documentation.)

The Liberty Community Center's parking and drop-off area is an excellent example of the City's adherence to this action. The Center offers many more designated spaces near the entrance that the ADA would require. Further, the City offers the Access Transportation service for older adults and people with disabilities for essential rides and access to the Liberty Community Center and the Silver Center and its congregate meal program.

With the Parks and Recreation Department's effort to revise its Parks and Open Space Master Plan in 2016, this policy can be brought to life by including specific age-friendly detail in the plan's revision.

Seating areas to be included for waiting areas.

1-I The city considers the mobility needs and stamina of all citizens in accessing city services and provides flexible customer arrangements. Examples include: separate waiting lines and seating if the wait is long, special queues and service counters and online and mail-in access.

Completed. (Please provide documentation.)

The water bills are available to be paid on line or also by mail.

Enrollment for parks activities is available on line. This has cut back on the number of people in line.

1-J The city encourages walkability in downtown areas.

Completed. (Please provide documentation.)

Principle Five of the City's Comp Plan, Blueprint for Liberty suggests the City "should continue to maintain and preserve the Historic Square as the City center. As well, Principle One suggests a number of strategies that would encourage walkability. (http://libertymissouri.gov/DocumentCenter/View/1220)

With the renovation of the downtown square, there will be improvements to the walkability of the downtown area. Tax abatement program helps with home improvement, which includes repairing the
sidewalks in the older neighborhoods in Liberty.
Provide age-friendly housing options.

Studies document that older citizens wish to “age in place.” Buyers and renters of all ages are becoming wary of the costs of commuting long distances. Communities that provide a range of age-friendly housing options will retain their older adult residents and provide an attractive alternative for all ages looking for housing.

Cities have a role in the siting and design of housing and commercial development through their planning and regulatory processes. Through these processes, cities can impact how well development meets the needs of all populations.

Policy

2-A The city conducts an audit of its development codes to ensure that a range of housing options are allowed, particularly in places connected to public transit, employment centers and community services.

___ Not at this time but will take this under consideration.

2-B The city has in place policies to allow for and encourage a range of housing options, including accessory and shared dwellings that meet the needs of all ages and generations.

___ The City of Liberty does have a policy in place that could be expanded to allow for more options.

Policy 30-81. 2 (6) Accessory structures residential district allows for accessory dwelling units (in-law unit) under certain zoning districts within specific regulations.

2-C The city evaluates and streamlines its building code review processes to be consistent with adopted plans and policies, including those that reduce costs and provide housing in a range of cost points.
The City of Liberty waives permit fees for residential nonprofits such as Habitat for Humanity and Rebuilding Together Clay County. Because our community is so small there are only 2 people who are involved in the review process. Therefore, the process is as streamlined as possible.

2-D The city has in place policies that encourage developers to include features in new or restored housing stock that meets the different mobility needs of as many people as possible. Cities may refer to universal design, enabling design, visitability features or other design elements.

The City of Liberty currently does not have a policy in place but has an interest in learning how other metro communities have adopted this practice.

2-E The city evaluates its zoning and building code review processes to ensure that the siting and design of commercial properties consider the needs of users of all ages.

The City has begun to look at zoning review processes with an age friendly lense. Building code review considers accessibility as related to ADA compliances within 2012 IBC (International Building Code) and IRC (International Residential Code).

Action

2-F The city uses its property maintenance enforcement to support neighborhood quality and, as appropriate, assists property owners in identifying resources to maintain their homes.

The code enforcement officer would appreciate a resource list of organizations and civic groups to distribute as needed to those who need assistance. Often church groups and volunteers contact the code enforcement officer offering to provide these lawn mowing and snow removal for older adults in our community.

2-G The city and its partners make information available about housing options within the city that meet different mobility and dependence levels.

Completed. (Please provide documentation.)
2-H The city has a property tax relief program for homeowners with a fixed income who meet defined criteria (if allowed under state law).

___ Completed. (Please provide documentation.)

The City offers a reduction in trash and water service for citizens age 60 or older.

2-I The city and its partners offer residents information about assessing and protecting their property to strengthen crime prevention.

___ Neighborhood watches programs are in certain neighborhoods. The LPD provides a crime free multi housing program as well as a Liberty Landlord Association.
Ensure that the community transportation system meets the needs of all users. Healthy, vibrant communities provide multiple, accessible transportation options that contribute to the independence of all residents. Young adults, baby boomers and all ages increasingly seek and choose communities where they can walk, bike or access transit to get to school, work, services and entertainment.

There are many resources available to help a city meet this criterion, including guidelines and checklists provided by the National Complete Streets Coalition (www.smartgrowthamerica.org/complete-streets), U.S. Department of Transportation National Highway Traffic Safety Administration Bikeability Checklist (www.nhtsa.gov/people/injury/pedbimobike/bikeability/); Bicycle Friendly America (www.bikeleague.org/bfa); and Walk-Friendly Communities. (www.walkfriendly.org/). These guidelines help communities ensure that the transportation system meets the needs of all users. Cities can work proactively with local transit operators to plan and implement transit services to address the needs of their residents and workforce.

Policy

3-A The city addresses multiple transportation modes in its comprehensive plan.

___ Included in city plans.

The Trails and Greenways Master Plan adopted in May 2014 was established to provide framework for a citywide multi-use system, enhancing opportunities for accessible recreation and non-motorized transportation for Liberty’s citizens.

Comprehensive Plan: Transportation routes are connected into a city wide system that is attractive, interesting, and safe for pedestrians, bicyclists, and drivers. Streets should be designed such that the motor vehicle, bicycle and pedestrian can all function and thrive in a safe, efficient, and integrated environment.
3-B The city has adopted a Complete Streets resolution or comparable policy and is taking steps to implement the policy.

Although the City of Liberty does not have a complete streets policy, our code often reminds us to think of pedestrians. For example: Sidewalk required on both sides of the street; Street-facing elevations shall be highly articulated with transparent windows and elements designed at a pedestrian scale; Sites should be fully accessible to vehicular, non-motorized, and pedestrian traffic. Intersections on streets with a high level of service or that possess heavy pedestrian traffic shall utilize traffic calming techniques to promote pedestrian safety.

3-C The city – with or without a transit partner – works to ensure public transportation stops and stations have infrastructure that meets the needs of all ages and abilities. Examples include: shelter with lighting, benches and curb cuts.

The Kansas City Area Transportation Authority (KCATA) provides transportation from Liberty to various stops in Kansas City. Currently, there are no structures located at any of the public transportation stops.

3-D The city and its partners review and consider adoption of older driver and pedestrian safety provisions in the region’s long-range safety plan. The city may use *Toward Zero Deaths 2013-2017*, or other recognized standards as guidance.

Not at this time.

Action

3-E The city works with partners, including transportation providers, to develop and implement strategies to support independence of non-drivers and those with additional needs for assistance in using transportation options.

The City of Liberty provides transportation to individuals age 60 and older and those aged 18-59
with a disability. Transportation is provided within the City limits with priority given to doctor, pharmacy and grocery store visits. Staff refers requests for rides outside of City limits to Clay Co. Senior Services.

3-F The city and its partners provide resource information on where residents can find transportation options.

___ Staff will refer citizens to Clay Co. Senior Services. Additionally, the Northland Community Services Coalition published a directory of services available in the Northland. This directory is available upon request, free of charge.

3-G The city constructs pedestrian facilities to allow for safe travel to transit stops and stations from neighborhoods and other locations.

___ Not at this time.

3-H The city and its partners provide resource information for determining older driver competency and the supports available for transitioning from driver to passenger.

___ Upon request, staff will refer the Rehabilitation Institute of KC program. Guest speakers from the organization have presented information about the program at the Silver Center.

3-I The city has considered application for or has achieved the Walk-Friendly Community designation from the Pedestrian Bicycle Information Center. (www.walkfriendly.org)

In progress for consideration.

3-J The city has considered application for or has achieved the Bicycle Friendly Community designation from the League of American Bicyclists. (www.bikeleague.org/bfa)

Not at this time.
Include all residents in developing community activities and adapt communication strategies for multiple audiences.

By leveraging the knowledge, skills and abilities of all residents and including them in decision-making, communities create a competitive advantage for themselves. Cities will benefit when residents of all ages are an integral part of a community and the cities are knowledgeable about their diverse needs.

Meaningful participation in affordable community activities helps residents to develop relationships, maintain good health and have a sense of belonging. Cities obtain input from all residents to develop community activities that will engage residents and meet their needs.

Policy

4-A The city and its partners understand the demographic makeup of residents, engages with the community and then designs programming, including recreational opportunities, that respects the needs and interests of diverse populations.

___ Completed. (Please provide documentation.)

The city and its partners are aware of and provide programming for a variety of ages within Liberty. The Parks and Recreation Department provides programs, services, scholarships and volunteer opportunities for all ages. The Liberty Community Christmas Tree program provides assistance to disadvantaged families within the school district. There are a variety of services within the City such as Love Inc., Hillcrest Hope, Rebuilding Together Clay County, Liberty Public Schools and the Clay Co. Public Health Center which provide services for disadvantaged families and individuals with in the community.

The City and its partners provide services and opportunities for all ages and the economically
disadvantaged. However, improvements could be made in cultural diversity and physical ability. It was recommended information about Parks & Recreation should have fliers and information available in languages that reflect the community, ie: Spanish.

4-B The city has a comprehensive communication plan with marketing and outreach strategies and tools that include diverse public imagery, depicting all ages, cultures and abilities.

___ Included in city plans. (Please cite and attach copies for documentation.)

The City does not have an official comprehensive communication plan. However, staff works towards identifying pictures depicting a variety of ages, cultures and abilities. There is a tool on the City's website to translate to Spanish.

4-C The city communications plan requires that information about accessibility of facilities and transportation options is included when publishing information about city activities and events.

___ Included in city plans. (Please cite and attach copies for documentation.)

While this is not a requirement, staff will be communicating and educating staff in the immediate future to include this information on all meeting agendas and web site calendar items. The communications staff will also encourage Community Services staff to include transportation options activities and events as appropriate.

Action

4-D The city communication plan includes strategies to work with partners to inform people at risk of social isolation about community activities and events.

___ Included in city plans. (Please cite and attach copies for documentation.)

The communication team takes a multi prong approach at communicating activities and events such as a utility bill insert press releases in the Liberty Tribune, the Parks & Recreation Active Aging Activity guide, the City web site, the City cable channel, and social media outlets. The Meals on Wheels program also utilizes volunteers to visit with older adults who may be at risk for social
isolation. The City is working on a reverse 911 program (code red).

4-E The city partners with community organizations to develop and implement opportunities for utilizing and showcasing the skills and contributions of all ages, cultures and abilities.

___ Completed. (Please provide documentation.)

There is an Art Commission that encourages art exhibits by local artists of all demographics around the City. Rebuilding Together Clay County utilizes volunteers with special skills in home improvement to make home safety modification for homes in need. The Clay Co. African American Legacy Inc. coordinates the Juneteenth event each year. The Liberty Silver Center has a stitching club that makes blankets, scarves and hats for local charities. The Chamber of Commerce Fall Festival provides opportunities for vendors to have a booth for their arts and crafts.
Provide opportunities for residents to be involved and keep all residents informed of city affairs and of employment and volunteer opportunities and other ways to be engaged.

With increased levels of involvement in community affairs and civic life, citizens are well positioned to build connections and support communities for all ages.

Cities will benefit from welcoming residents to be employed or become involved in city affairs. Input and participation from residents of all ages will strengthen the city’s programs and services.

Policy

5-A The city has a policy in place to encourage civic participation by all age groups in the community.

___ Existing policy. (Please cite and attach copies for documentation.)

While a policy is not in place, staff and other public officials attempt to encourage all age groups to participate.

It was suggested reaching out to HOA’s and notifying them of board and commission open opportunities.

Action

5-B The city maintains and promotes a list of volunteer and employment opportunities within city government and offers an easy means to apply, including drop in, mail, on line and telephone.

___ Completed. (Please provide documentation.)

The city web page lists on going volunteer opportunities. An application is available on line as a PDF. Employment opportunities are posted on the web site. Applications are available on line and can be dropped off or mailed to City Hall.
5-C The city provides flexible options for volunteers of all ages and abilities, including training, recognition and guidance.

Completed. (Please provide documentation.)

The Parks and Recreation Department has a volunteer program which provides flexible option and training and guidance.

Liberty Meals on Wheels has a robust volunteer program which includes online training, recognition and guidance as needed.

Eagle Scouts are recognized at City Council meetings.

The Liberty Police Department has a volunteer program which provides training and guidance.

5-D The city encourages stakeholders, community organizations and nonprofits serving its community to work with volunteers of all ages, cultures and abilities, using best practices and guidelines for volunteer engagement and management promoted by organizations such as the Shepherd Center’s Coming of Age, the United Way of Greater Kansas City, United Way of Wyandotte County and Nonprofit Connect.

The City of Liberty has employee connections with a variety of nonprofits, and other organizations that work with volunteer engagement. For example, the Parks and Recreation department volunteers with Rebuilding Together Clay County in 2015 to help with home modifications.

5-E The city and its partners encourage local businesses to adopt flexible employment practices to meet the needs of citizens of all ages.

The City models flexible employment practices to meet the needs of citizens of all ages.

Opportunities for retired employees are available to provide expertise consultations.
5-F The city and its partners develop an outreach plan to ensure residents of all ages are included in community and civic conversations.

___ Completed. (Please provide documentation.)

While a policy is not in place, staff and other public officials attempt to encourage all age groups to participate. To educate voters or to gain input on community on initiatives or changes, staff and elected officials provide public meeting, surveys, a variety of printed material, etc.

5-G The city ensures that meeting locations are accessible to all residents and meet the communication needs and challenges of diverse populations.

___ Completed. (Please provide documentation.)

See above
Offer a range of community and health services that address the needs of all ages.

Many residents desire easy access to a range of health and social services. Communities that address the community and health services needs of residents can generate value from both a real estate and a community health perspective.

Local governments may offer a range of direct services at their public facilities or work with private for-profit or nonprofit providers to deliver services using city facilities. In some cases, communities identify health needs and encourage private providers to locate programs and services in the city.

Policy

6-A Applicable city plans recognize the need for health care services that are accessible to all residents and served by transportation options.

___ Included in city plans. (Please cite and attach copies for documentation.)

Liberty Access provides transportation to doctor, grocery and pharmacy. Liberty Fire Department also provides transportation to the hospital. Clay Co. Senior Services provides pay for fee services outside the city limits for doctor appointments.

Action

6-B The city, in partnership with area health care organizations, makes arrangements to offer health services at community facilities. Examples include: hearing tests, hearing aid cleaning, flu shots, blood pressure checks, etc.

___ Completed. (Please provide documentation.)

The Liberty Public Schools offers a dental service for students.

The Liberty Silver Center offers blood pressure checks on a monthly basis as well as annual flu shots.
The Lions Club offers an eye exam at the Silver Center annually. The Clay County Public Health Center (CCPHC) is located in Liberty. CCPHC currently does not partner with the city to offer health services at community facilities with the exception of flu shots. This may change after the development of the new Community Health Improvement Plan in November 2016.

6-C The city, in partnership with the local public health department, publicizes plans and services to improve the rate of immunizations among city residents.

___ Completed. (Please provide documentation.)

The Liberty Silver Center offers flu shots annually to participants. Clay Co. Public Health Center does not partner with the City to improve the rate of immunizations among the citizens. This may change after the development of the new Community Health Improvement Plan in November 2016.

6-D The city has educated personnel to ensure those who work with the public are knowledgeable about specialized needs for citizens of different ages and abilities. Personnel are also trained in applicable reporting requirements of abuse or neglect, regardless of age.

___ Completed. (Please provide documentation.)

The Silver Center staff is qualified elder abuse reporters. The staff is required by law to report suspected elder abuse. LPD and LFD are trained also trained on abuse and neglect awareness. Improvement could be made in training front line City Hall staff and Front desk staff on awareness.

6-E The city promotes and enables the location of full-service grocery stores and retail establishments to expand the availability of healthy food options.

___ Completed. (Please provide documentation.)

A new grocery store is being constructed and will be open late 2016 (Natural Grocers). The local Hy-Vee store has a healthy food section. Pleasant Valley Baptist Church has a free farmers market for disadvantaged households. The local farmer’s market participates in the SNAP program.
6-F The city works with local ambulance providers to ensure city demographic information is incorporated into planning for services.

The City provide their own ambulance service.

6-G The city, in partnership with area health care organizations, has developed and implemented education programs about healthy choices and preventive services, including the benefit of smoking cessation.

The City of Liberty has a smoke free policy and expanded to the Tobacco 21 initiative in 2016. LCHAT, Fall Prevention Coalition, Matter of Balance. The City of Liberty HR department offers smoking cessation classes and wellness classes for employees. CPR classes are available for all employees.

6-H The city encourages healthy eating by providing information to residents about programs such as home-delivered meals, food banks or other resources.

The local food banks publicize their information. Home delivered meals are advertised on a regular basis. The local Hy-Vee has two dietitians on staff providing free or low cost services for healthy eating.

6-I The city encourages healthy eating and community participation by supporting community gardens and other initiatives that promote healthy eating.

The City encourages supporting community gardens. The City offers space and policies for the local Farmer’s market.

6-J The city and its partners provide referrals to those residents identified as needing more intensive services.