Raise Your AirQ

Look for the SkyCast:

The SkyCast is the **daily air quality forecast** for Greater Kansas City. Find it at [www.marc.org](http://www.marc.org), via local media outlets, or by calling *(913) 383-7557.*

- **GOOD**
  - Healthy air quality
- **MODERATE**
  - Elevated pollution levels
- **ORANGE ALERT**
  - Unhealthy for sensitive groups (people who are active outdoors, children, people with respiratory problems)
- **RED ALERT**
  - Unhealthy for all

**Ozone Alert day**
— take action to protect your health!

On Ozone Alert days:
- Drive less: carpool, take the bus or bicycle.
- Avoid refueling. If you have to get gas, do it in the evening.
- Don’t top off your gas tank — stop at the click.
- Postpone lawn-mowing or mow in the evening.
- Avoid grilling or use a charcoal chimney to light coals.
- Don’t idle your car for more than 30 seconds.

![Clear Air. Clear Thinking.](image)

For more information, contact the Mid-America Regional Council at *(816) 474-4240.*