Edible Schoolyard

Goal:
The edible schoolyard is a project in which school children can participate while simultaneously learn the benefits of eating healthy and maintaining a balanced diet.

Project Description:
JCCC is promoting the development of edible schoolyards in public schools to promote healthier meals for students. Edible schoolyards are a place where students learn to grow healthy, sustainable foods that will be consumed within their schools. The JCCC high-tunnel garden is already providing products for the Hiersteiner child development center.

Community Benefits and Lessons Learned:
National problems of obesity and health-related issues are appearing increasingly in young children. Programs like the edible schoolyard directly address the poor eating habits that lead to these health issues. Students gain hands-on exposure to science and agriculture that reconnects them with their food.

Funding Sources and Partnerships:
Johnson County Community College Hospitality Management Program and the Johnson County Community College Hiersteiner Child Development Center

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