



Saladh laga sameeyo kaabash iyo bitraati la jarjaray

Waxyaabaha ay ka kooban yihiin:

- 2 bitraati dhexdhexaad ah, la jarjaray, la diiray
- 4 koob oo kaabash ah, la yaryareeyay
- ½ koob walnut, la jarjaray
- 3 qaado oo khal cider ah
- 2 qaado oo ah Dijon mustard ah
- 1 qaado oo malab ah
- 5 qaado oo saliid saytuun ah

**Seasonal
and Simple**

Barnaamijka Wacyigelinta
dadweynaha ee University
of Missouri



Tilmaamaha:

1. Isku qas khalka, buddada labo niyada iyo malabka. Ku qas saliid saytuun.
2. Dusha uga shub saladhka bitraatiga iyo kabashka, kadibna kululee. Dusha uga shub walnut-ka.

4 jeer in la cuni karo