



Baasta Saladhkaa Confetti

Waxyaabaha ay ka kooban yihiin:

- 8 wiqiyadood (qiyaas ahaan baakadh barkeed) baastada corkscrew (ama nooc kasta ood jeceshahaqy)
- ½ banbanooni cas, la jeexjeexay
- ½ banbanooni jaalaha ah, jarjar
- ¾ koob jicama, la jeexjeexay
- ½ koob oo basal cas oo la jarjaray
- 4 plums, la jarjaray
- 2 qaado oo basil cusub ah, la jarjaray (ama isticmaal 1-2 qaado oo la qalajiyay)
- 1 qaado oo pimiento ah, la jarjaray (ama basbaaska aad jeceshahay)
- 1 qaado sanjabiil cusub ah, si yaryar ugu dul daadi (ama isticmaal ½ qaado sanjabiil la qalajiyay)
- 2 qaado oo bariis ah ama khal cad
- 2 qaado oo saliidda khudrada ah ah
- 1 qaado oo sonkor ah
- 1/8 qaado oo cusbo ah
- 1/8 qaado banbanooni ah

**Seasonal
and Simple**

Barnaamijka Wacyigelinta
dadweynaha ee University
of Missouri

Eeg tilmaamaha xagga dambe ku yaala.

Ilaха: seasonalandsimple.info

Baasta Saladkaa Confetti sii socota

Tilmaamaha:

1. Baastada u kari si waafaqsan tilmaamaha baakada. Biyaha ka daadi.
2. Si kooban biyo qabow ugu shub kadibna daadi biyaha.
3. Adoo adeegsanaya saxan wayn, isku walaaq baastada, banbanooniga cas iyo kan jaallaha ah, jicama, basal iyo miraha plums-ka.
4. Adoo adeegsanaya baaquli yar, isku qas basil, pimiento, sanjabiil, khal, saliid, sonkor, cusbo iyo banbanooni ilaa aad ka shipways
5. Ku shub saladhka oo ku shub ilaa si siman ay isku dhexgalaan.

Ku raaxeysto samaynta cuntadan
caafimaadka iyo macaanka leh!

Booqo **marc.org/kcfresh** si aad u hesho
xog dheeraad ah iyo noocyoo cunto.

