



Isbiinaaj, Istaroowbeeri iyo Saladhka Pecan

Waxyaabaha ay ka kooban yihiin:

- 1 boon isbinaaj ah, la dhaqay lana miiray
- 1 xoogaa istaroowbeeri ah la dhaqay lana jarjaray
- $\frac{1}{4}$ koob oo digir ah, la dubay

Maraq:

- $\frac{1}{3}$ koob oo khal rasbeeri ah
- 1 qaado oo khardal la qalajiyay ah
- $\frac{1}{2}$ qaado oo cusbo ah
- $\frac{1}{4}$ koob sonkor ah
- 1 koob oo saliid saytuun ah
- $1 \frac{1}{2}$ qaado oo ah miraha poppy ah

**Seasonal
and Simple**

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Tilmaamaha:

1. Isku dar waxyaabaha saladha ka kooban yahay marka laga reebo miraha poppy oo shub mashiinka wax lagu shiido. Ku dar miraha poppy oo gacanta ku maraaq maraaq.
2. Ku walaq pecan birdaawo adoo saaraya dab meel dhexaad ah muddo 4-5 daqiiqo ah ama 350 digrii ah muddo 7-8 daqiiqo ah.
3. Ku dar maraq isbinaaj, istaroowbeeri iyo pecan kulul. Miraha kulul waxay si aayar ah ugu qasmi doonaan digirta.